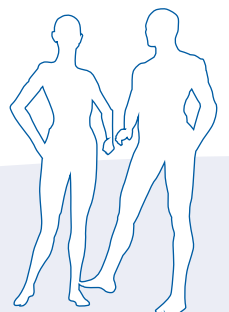


PLASTIC
SURGERY
PARTNERS



general information



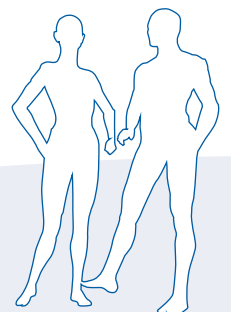


Before deciding to have surgery ask yourself:

- Is it in my best interests to have this operation?
- Have I chosen the right surgeon?

10 Steps in choosing your surgeon

- 1. Learn about your intended operation.**
 - Handouts from surgeons.
 - Books. (Plastic Fantastic - Blake Publishing)
 - Internet.
 - You will soon know enough to ask your surgeon appropriate questions and to judge his answers.
- 2. Get the names of 2 surgeons from**
 - A friend who has had cosmetic surgery.
 - Your GP
 - Get a list from BAAPS (The British Association of Aesthetic Plastic Surgeons).
- 3. Go for a consultation and if necessary go to a second surgeon and compare.**
- 4. Ask the surgeon about the operation, does he specialize, where did he train, what is his experience, ask about the possible complications.**
- 5. Look at his office; staff, organization, literature, photos.**
- 6. Ask about the anaesthetist and the hospital.**
- 7. The price.**
- 8. What happens if you have a complication?**
- 9. See your surgeon at least twice before operation.**
- 10. Assess in total. Go with your instincts.**
The surgeon is there to help you make the right decision.





Types Of Anaesthesia:

Local anaesthesia: Involves injections which numb a small part of your body. You stay conscious but free from pain.

General anaesthesia: Gives a state of controlled unconsciousness. It is preferred for most operations. You are unconscious and feel nothing.

Sedation: Is used to assist local anaesthesia and can be achieved with drugs that make you feel relaxed and sleepy. They often make you forget the event!

YOUR ANAESTHETIST will meet you before your operation and will:

- Ask you about your health
- Discuss with you which types of anaesthetic can be used
- Discuss with you the benefits and risks
- Decide with you which anaesthetic is best for you

Health Questionnaire:

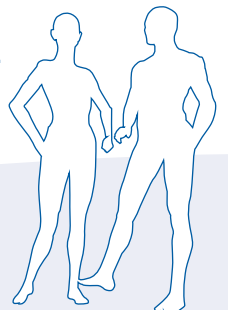
Before coming to the hospital we will ask you to complete a health questionnaire. This is very important.

If you smoke are overweight, have loose teeth, crowns or long standing medical problems these will need to be discussed with the anaesthetist. Illnesses such as asthma, diabetes, high blood pressure, thyroid problems, heart disease and epilepsy are of particular concern.

Please advise us of **ALL** the pills or medicines that you normally take and if you suffer from any allergies especially to antibiotics.

IF YOU ARE TAKING ANY MEDICINES you should continue to take them as usual, unless you have been told not to. We will provide special advice if you have diabetes, have high blood pressure or have been taking steroids, except Aspirin.

PREMEDICATION Normally we do not provide premedication as these days it is not necessary. If you are very nervous then we will be happy to provide you with a sedative tablet 1 – 2 hours before your operation.





Pain Relief:

We will provide a combination of pills, injections and sometimes suppositories, to provide the best possible pain relief at all times. When you leave hospital we will make sure that you have plenty of pain killers to take home.

Patient-controlled analgesia (PCA) This is a method using a machine that allows you to control pain relief yourself after the operation.

Not eating or drinking ! ('Nil by mouth') : We will provide you with clear instructions about fasting. It is important to follow these. If there is fluid or liquid in your stomach during your anaesthetic, it could come up to the back of your throat and damage your lungs.

Please avoid taking aspirin for at least two weeks before your operation

Having A General Anaesthetic:

There are two ways of starting a general anaesthetic

- anaesthetic drugs may be injected into a vein through a cannula
- You may breathe anaesthetic gases and oxygen through a mask, which you may hold if you prefer.

Once you are unconscious, your anaesthetist stays with you at all times and continues to give the drugs to keep you anaesthetised.

As soon as the operation is finished , the drugs will be stopped or Reversed so that you regain consciousness.

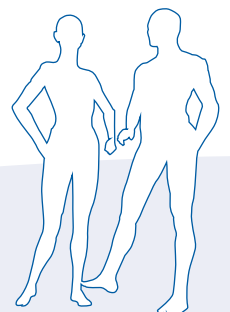
Risks From Anaesthesia:

In modern anaesthesia, serious problems are uncommon. Risk cannot be completely removed, but modern equipment, training and drugs have made it a much safer procedure.

Common side effects include, nausea and sickness, sore throat, dry mouth, dizziness, blurred vision, headache. Itching, aches and pains and backache, pain during injection of drugs, bruising and soreness and confusion or memory loss.

Uncommon side effect include, chest infections, bladder problems, muscle pains, damage to teeth lips or gums, slow breathing, an existing medical condition getting worse and awareness

Very rare complications include, damage to the eyes, nerve damage, allergic reactions to the drugs, equipment failure.





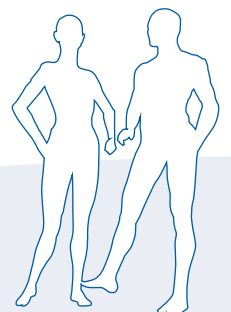
The Hospital

Plastic Surgery Partners operate in two major private hospitals in Central London. Facilities available that can deal with any complication

The West London Clinic

Ravenscourt Park
London

Situated at Ravenscourt Park in W6, the Clinic provides the ultimate in state-of-the-art operating technology and facilities combined with patient comfort at a level never before attempted in a UK hospital.





Curriculum Vitae - Mr Dai Davies FRCS

Plastic, Reconstructive & Aesthetic Surgeon

55 Harley Street, London W1G 8QR



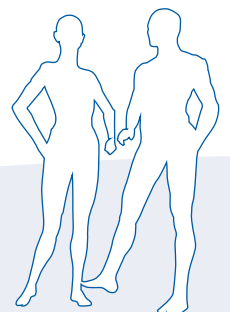
I was an undergraduate medical student at St. Bartholomew's Hospital (London University) and undertook an initial training in general and orthopaedic surgery lasting six years before I started my career in plastic surgery. I trained in plastic surgery at East Grinstead, London, Bristol, finishing as a micro-vascular research fellow in Melbourne, Australia. In 1981 I received my certification of higher surgical training in plastic surgery and thus I am on the GMC's specialist register as a Trained Surgeon in Plastic and Reconstructive Surgery. I have been an examiner for many years for the FRCS.

For the last twenty years I have been a Consultant and Honorary Senior Lecturer in Plastic and Reconstructive Surgery to the Hammersmith Hospital, Charing Cross Hospital and St Mary's Hospital. For many years I was the lead clinician for the department of Plastic Surgery at the Charing Cross Hospital and during that time I was also the Honorary Secretary to the British Association of Aesthetic Plastic Surgeons, and a member of the Court of Examiners of the Royal College of Surgeons. I have been in that time deeply involved in the training of young surgeons and in the teaching and maintenance of standards in cosmetic surgery in the United Kingdom.

I am a member of the British Association of Plastic Surgeons and the British Hand Society. I am also a member of the International Society of Aesthetic Plastic Surgeons as well as the American Society of Plastic Surgeons and the Argentinean Society of Aesthetic Plastic Surgery.

I have published widely scientific articles on plastic and cosmetic surgery in English, European and American Journals of Plastic Surgery and have lectured in many parts of the world including America, Japan, Europe and the Middle East. I have also published three books: The ABC of plastic surgery published by the BMJ, Safe Cosmetic Surgery and recently Plastic Fantastic.

My main interests in cosmetic surgery are facial surgery, including facelifts and eyelids (we presented one of the first papers in the UK on the SMAS facelift, and introduced MACS lifts to the UK), breast surgery with Dr. Asplund and myself introducing our own technique of vertical scar breast reduction, which is widely used throughout the UK and USA; and rhinoplasty, where I have one of the largest practices in the UK, especially for secondary rhinoplasty.





Curriculum Vitae - Nick Percival FRCS

Plastic, Reconstructive & Aesthetic Surgeon.

Nick Percival is a trained and accredited Consultant Plastic Surgeon, working both within the NHS at Charing Cross Hospital and in private practice at 19 Wimpole St.

Born in Yorkshire and educated in the UK and USA, he graduated from University College Hospital, Medical School London in 1977. Returning to the USA he worked as a Lecturer at Stanford University, in California before undertaking general surgical training at The Royal Postgraduate Medical School and University College Hospital in London, becoming a Fellow of The Royal College of Surgeons of England in 1984.

He then decided to pursue a career in plastic surgery and completed advanced specialist training in London, Wales and Edinburgh, gaining his certificate of higher surgical training in Plastic Surgery in 1992.

He is registered with the General Medical Council as a Trained Surgeon in Plastic and Reconstructive Surgery.

Mr Percival was appointed Consultant Plastic Surgeon at The Charing Cross Hospital in 1992 and for six years, acted as the Lead Clinician. He has been involved in the teaching of trainee plastic surgeons in Reconstructive Plastic Surgery within the health service and Cosmetic Surgery in the private sector.

Since 1992 he has developed a cosmetic surgery practice in Harley Street and in 1998 joined with his colleague Dai Davies to form Plastic Surgery Partners, a partnership dedicated to achieve the highest standards of care in Cosmetic surgery in the UK. Through its teaching and training arm The Institute of Cosmetic and Reconstructive Surgery the partners train NHS Plastic surgery trainees in all aspects of Cosmetic Surgery. This was the first Cosmetic surgery training programme in the UK, recognised by the Royal College of Surgeons, to train surgeons to undertake cosmetic surgery procedures.

Mr Percival is a member of the British Association of Plastic Surgeons(BAPS) and is a serving member of the council of the British Association of Aesthetic Plastic Surgery(BAAPS)

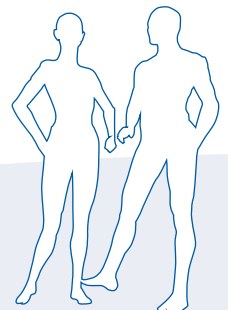
He undertakes a wide range of cosmetic surgery procedures including Breast Augmentation, Body Contouring, Rhinoplasty and Facial rejuvenation surgery. He is one of a growing breed of new surgeons who believe in a more holistic approach to facial rejuvenation, using combinations of surgical and minimally invasive techniques which produce more comprehensive and more sophisticated results. He has a particular interest in modern facelifting techniques, including endoscopic brow lift, tranconjunctival and laser blepharoplasty and was one of the first surgeons in the United Kingdom to undertake the new Minimally Invasive (MACS) facelifting technique. He travels regularly to the USA and Europe to keep at the cutting edge of the speciality and has developed a couture approach to facial rejuvenation employing differing SMAS procedures, short scar operations and volumetric techniques to produce a result tailored to the individual.

Mr Percival has pioneered the practice of Day Case breast Augmentation using new surgical techniques to reduce post operative discomfort and ensuring a faster recovery. He has incorporated the use of preoperative computerised patient assessment into his Rhinoplasty practice and has been invited to speak on nasal aesthetics at a forthcoming international Rhinoplasty meeting. His work on minimal access facelifting has been presented both in Europe and the USA at Internationally recognised meetings this year.

He is a member of the Medical Defence Union and frequently act as an expert witness in medico-legal cases involving cosmetic surgery.

Mr Percival has appeared on a number of television and radio programmes including GMTV, Vanessa, Kilroy, Gloria Hunniford, Tonight with Trevor McDonald the Jeremy Vine Show and is a regular contributor to BBC, LBC, Channel 5 and Sky News. He is regularly quoted in the press both in monthly magazines including Marie Claire, Red and Vogue and in the daily press such as The Times, The Daily Mail, The Daily Telegraph and The Evening Standard.

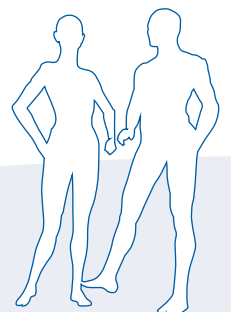
In addition to his surgical practice, Mr Percival is also Clinical Director of 'Renaissance' London based in Wimpole Street, a clinic dedicated to state of the art cosmetic rejuvenation procedures including anti ageing skin programmes, injectables, chemical peeling, skin laser treatments and modern minimally invasive surgical rejuvenation procedures.





Contract

- ☑ Our aim is to produce a happy patient who will tell others about their good experience under our care.
- ☑ Inevitably complications occur in some patients or expectations are not always fulfilled for others and this can lead to disappointment.
- ☑ The pre-operative consultations are so important in order that we can assess and then advise; helping you to make the right decision.
- ☑ The decision to proceed should only be made if:
 - a) The possible physical gain is not outweighed by the risk of complications.
 - b) That we can meet your expectations.
- ☑ If things do not go to plan, then our first aim is to help you. We pride ourselves that we and our staff will do all that is possible to assist you, and being trained Plastic Surgeons we are in a better position than some to help.
- ☑ We have over 25 years experience in Plastic Surgery so we can offer reliable, mature care and advice.





Terms And Conditions

Your surgeon is

Your anaesthetist is

Fees are payable two weeks in advance. The fee quoted covers all normal post-operative care.

Rarely secondary procedures are required. Most of these are of a minor nature and can be undertaken under local anaesthesia in the minor ops theatre * There will be no surgical fee but there will be a charge for the theatre. Also there will be a charge for implants, if replacements are required.

If admission to hospital is required, there will be no charge for the surgeon or the anaesthetist, but the patient will be charged the full hospital fee.

Emergency complications that occur in the immediate post-operative period are treated without charge by the surgeon or anaesthetist.

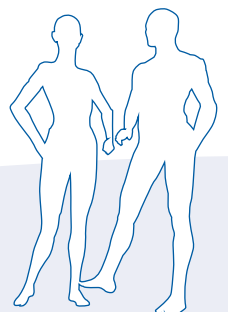
Signature:

Date:

Name:

At 55 Harley Street

al.





Account Proposal

Date:

Name:

Procedure:

Consultation Fee: £

Surgeons Fee: £

Anaesthetic Fee: £

Hospital Fee: Cromwell £

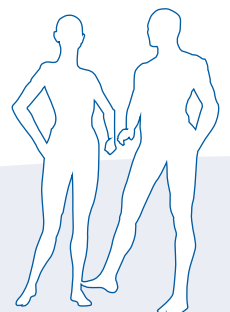
Monday and Friday

In the event of an extra night's stay in hospital - £400.00 - Cromwell

Harley Street Minor ops theatre
£220.00 per half hour £

TOTAL: £ = Cromwell

In the event of any revisional procedures, the surgical and anaesthetic charges will be waived, but there will be a charge made to cover hospital and operating theatre costs.



PLASTIC
SURGERY
PARTNERS



PSP, 1 Parkside, Ravenscourt Park, London, W6 0UU

Tel : 020 8735 6060

Email : enquiries@plasticsurgerypartners.co.uk

Web : www.plasticsurgerypartners.co.uk